



Jesus Never Said THAT: Life Will Be Easy

Pastor Derek Sanford

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Life Group Discussion

Tip: As you prepare to lead your group, plan to keep the meeting length at about an hour (note the suggested timeframes for each section).

Encouragement: (15 Minutes)

Leader- Have you seen or read or experienced something that encouraged you this week? (examples: a positive news story, a worship song, a scripture, etc) Share what it was and how/why it lifted your spirits. Ask for one or two group members to share.

(Proverbs 15:30 *The light of the eyes rejoices the heart, and good news refreshes the bones.*)

Scripture: (30 minutes)

John 16:33 *"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world."*

Leader- break this verse into 4 sections and talk through each (notes underlines).

- 1- What kind of peace does Jesus offer? What does that look/feel like?
- 2- Jesus seems to be guaranteeing that life won't be easy. How can we embrace that truth without becoming discouraged or filled with fear?
- 3- "Take heart" is not a common phrase in today's society. What do you think this means?
- 4- How has Jesus overcome the world? (think physically and spiritually)

(Additional Scripture to consider: [John 14:26-27](#); [Matthew 14:22-33](#); [Philippians 1:21](#); [Isaiah 43:1-3](#); [Psalm 77:16-20](#))

Prayer: (10 minutes)

Leader- Let His presence lead you into worship. Praise Him! Ask everyone to share a sentence prayer. (Prompts: He sees us in our storms. He shows up in our storms. He increases our faith through the storms)

Next Steps: (5 minutes)

Grace Church is coordinating volunteers to serve our community. Find more information at www.whoisgrace.com/bethechurch about how to help in one of these 4 areas: Errands, Essential Worker Support, Community Masks, Care Packages for the homeless.