

Follow along with:

Daily devotional readings
www.whoisgrace.com/read

February PRAYER/FASTNG calendar
www.whoisgrace.com/read

you can also access both at the whoisgrace app

For further information on fasting read:

Fasting for Beginners
www.desiringgod.org/articles/fasting-for-beginners

7 Basic Steps to Successful Fasting & Prayer
21days.churchofthehighlands.com/resources/seven-basic-steps-to-successful-fasting-and-prayer

Awakening
www.breakfreeyouthministry.com/Bible%20Study/awakening_devos.pdf

Your Personal Guide to Fasting and Prayer
www.cru.org/us/en/train-and-grow/spiritual-growth/fasting/personal-guide-to-fasting.html

ALL DAY PRAYER

Participant Guide



Feel free to use these suggestions to help guide your time of prayer but don't feel obligated to follow every detail. Go wherever God leads you during this time

Enter in to the room and get in a posture of prayer [seated, kneeling, hands open, etc.] Take a few minutes to settle your mind and heart from the concerns of the day. Enter the presence of God.

Pray this prayer of invitation -- feel free to repeat it several times:

- *Speak LORD, your servant is listening*

Take a moment to **bring your soul before the LORD**.

- *What is the state of your soul? Talk with God about it.*
- *What beautiful and brutal things have happened to you this week? Bring them to God*

Pray for our fasting. Today is the first full day of Grace Church's 21 days of fasting. Interact with God about the following:

- *What are you apprehensive of?*
- *What are you believing God for?*
- *What are you hoping God will do in our church as a result of this season of renewal?*

Pray for cleansing. Part of fasting is the idea of cleansing.

- *Where do you need God's cleansing in your life?*
- *Confess your sins to Him.*

Pray Psalm 42. From today's reading at whoisgrace.com/read. Pray these excerpts back to God in your own words (feel free to pray through the whole chapter line-by-line using your own bible or device):

¹As a deer pants for flowing streams, so pants my soul for you, O God. ²My soul thirsts for God, for the living God. When shall I come and appear before God?

⁵Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation

⁷Deep calls to deep at the roar of your waterfalls; all your breakers and your waves have gone over me. ⁸By day the Lord commands his steadfast love, and at night his song is with me, a prayer to the God of my life.

Pray for Grace's upcoming VISION.

- Pray for **UNITY** within our church and among our leaders and spiritual **TRANSFORMATION** within our congregation.
- Pray for **YOUR RELATIONSHIPS** with friends, relatives, and neighbors. Especially those who are far from God.
- Pray for **YOUR SITE** (Girard, Harborcreek, McKean,) and the community surrounding your site.
- Pray for **OUR CITY**, Erie. Pray for leaders, pressing needs, ServErie and other organizations who are serving the broken.
- Pray for **OUR WORLD**. Specifically, our partners:
 - Grace in Sion – HAITI; Pastors Migueloson and James
 - Iglesias de Dios Pentecostal – DR; Pastor Silverio
 - Oono Kuristo Kyoukai – JAPAN; Pastor Nobu
 - Our missionary partners all over the world.
- Pray for **GENEROSITY** among us as we prepare to give.