



I AM JESUS: I Am the Bread of Life

Pastor Derek Sanford

March 14, 2021

Life Group Discussion

Encouragement:

Jesus often shows up in our lives in unexpected ways, and at times we almost don't recognize Him in the midst of it. Invite group members to share a story about a time that God's care for them looked different than they expected - but it was just what they needed.

Scripture:

Read [John 6: 26-35](#) together.

Why do you think the crowds kept asking Jesus to perform more signs? What were they really looking for? Do you think that they would have ever been satisfied if he gave them only what they asked for?

What is the difference between seeking Jesus for *what he will do* for us versus *who he is*? Do you ever find yourself asking the 'what' question instead of the 'who'? What are *you* really looking for?

Read [Philippians 4: 11-13](#).

What is the evidence in this passage that Jesus had become the Bread of Life to Paul? What is the evidence that Jesus is the bread of *your* life?

Prayer:

Encourage group members to share an area of their lives in which they are currently lacking contentment. Take time to pray for each other – pray for Jesus to show up in unexpected ways and for the heart satisfaction that can only come from Jesus himself.

Next Steps:

Over the next few days, ask God to highlight any ways that you may be working “for food that perishes” (John 6: 27) - striving to find satisfaction in things other than the person of Jesus. Stay open to His revelation on this and follow His lead on surrendering.