LIVING THE GOOD LIFE: Work as Worship

August 5th

Reading Plan

Day 1-

READ: Genesis 2:15, 20

REFLECT: What jobs did God give Adam? nWhat thoughts do you have when you hear that the majority of our adult lives will be spent at work? How has your relationship with Jesus affected you at work?

PRACTICE: When your struggling with a project or with co-workers at work today, stop and ask God for insight. When we depend on him for help we worship our all-knowing God.

TAKE IT FURTHER! READ: Romans 12:1-2 and read https://www.desiringgod.org/interviews/worship-in-the-workplace REFLECT: How does your mind need transformed regarding how you think about your work? PRACTICE: Thank God for your job and praise Him for the opportunity to work and worship

Day 2-

READ: Genesis 11:4 and Galatians 2:20

Him through your work.

REFLECT: If you're working to make a name for yourself you will find that work will enslave you. How have you seen this to be true?

PRACTICE: Do your best at work today with the desire to reflect the creativity and care of our God who works in our life and in creation.

TAKE IT FURTHER!

READ: "Work as Worship" an article from WorkLife.org- <u>http://worklife.org/work-as-worship#.W1nZRtJKiJB</u>

REFLECT: Erick Liddell in Chariots of Fire said, "when I run, I feel God's pleasure." Think about how great it is to know God is pleased as you go about your day in worship of Him.

PRACTICE: Thank God for the abilities he has given you to do your job.

Day 3-

READ: Exodus 31:1-6

REFLECT: Where did their skill come from and what sort of abilities were given? The Christian approach to work is that all work has dignity and all work has value. Think about some jobs and chores you have done in your life and how this way of thinking would have changed how you approached them.

PRACTICE: Think of one way you can approach your job today so that you specifically contribute to God's mission in the world.

TAKE IT FURTHER!

READ: "Your Work Matters to God" from Bible.org- <u>https://bible.org/article/your-work-matters-god</u>

REFLECT: List some of the faulty views you may have had about your work in the past.

PRACTICE: When you finish a task at work today thank God for leading you through it.

Day 4-

READ: Colossians 3:23

REFLECT: Who are we working for? When you do your job you are not just working for a paycheck or company but for the Lord. How does that affect the way you view your job? Does it make things easier, harder, or just different?

PRACTICE: Do the people in your life know that you are working for the Lord? In what ways can your attitude toward work reflect your desire to work for God?

TAKE IT FURTHER!

READ: "Work With Your Hands Not With Your Worship" from DesiringGod.orghttps://www.desiringgod.org/articles/work-with-your-hands-not-with-your-worship

REFLECT: Review the three ways that the article says we may find ourselves worshipping our work and examine your thoughts to see which one you are most likely to struggle with.

PRACTICE: Use some of your pay-check to bless others in ways you don't normally do.

Day 5-

READ: Read Ecclesiastes 2:24, 3:12-13, 5:18

REFLECT: Scripture rebukes idleness and sloth and affirms that work has genuine value. Reflect on your work week to examine how diligent you have been at work.

PRACTICE: Confess to God those areas and seek his guidance and strength to make changes.

TAKE IT FURTHER!

READ: "All of Life As Worship" from DesiringGod.org- <u>https://www.desiringgod.org/messages/all-of-life-as-worship</u>

REFLECT: Think of ways you cherish God in his works and ways.

PRACTICE: Pray this prayer, "Lord take me, body and soul, and make me the instrument of your glory in the world."